

Craft your ideal eye care experience

Discover what your vision plan covers and how to get the best value for your needs

United Healthcare®

Choose your eyewear — see what's covered

Eye exam

Your plan uses the UnitedHealthcare Vision Network and includes a fully covered exam, subject to a copayment. You'll get the most value from your coverage when you see any provider in this large, national network of optometrists and ophthalmologists, including both local doctors and well-known retail providers. Find a provider at **myuhcvision.com.**

Frame allowance*

When you use a network provider, you can spend a frame allowance to help buy any frame your eye doctor offers. You get a discount on any cost over the allowance amount.

Lens options*

Popular lens options like UV protection or anti-reflective coating are available to you at price-protected amounts. Plus, standard scratch coating and polycarbonate lenses for dependent children are available at no cost.

Additional pairs of glasses*

Receive a 20% discount on additional pairs of eyeglasses, including prescription sunglasses.

Contact lens benefit*

You may have coverage for a fitting and follow-up visits depending on your plan design and lens choice. Sign in to **myuhcvision.com** to learn more about your specific benefit.

Learn more

Get 24/7 access to details about your vision plan – including savings and discounts – and monthly vision health and wellness content by following these steps.

- Sign in to **myuhc.com®**
- Go to **Coverage & Benefits**
- Scroll down to **Vision**
- Select **View vision plan**

Call toll-free:
1-800-638-3120, TTY **711**

If you don't have computer access, need language assistance or can't find answers, call us Monday–Friday, 7 a.m.–10 p.m. CT, or Saturday, 8 a.m.–5:30 p.m. CT.



*Plans may vary. Check your coverage at **myuhcvision.com** to verify benefits. Non-covered services and discounts may not be available from all providers. Please confirm cost and coverage with your provider before making your purchase.

Take steps to protect your eyes and your overall health

1 Find an eye doctor in the network

When it comes to shopping for eye care, you've got plenty of choices. The UnitedHealthcare Vision Network has over 185,000 access points for care nationally, from local doctors around the corner to well-known retail chains or specialty online retailers.*

Sign in to **myuhcvision.com** to search by provider name, specialty or location.

2 Schedule your eye exam

Regular visits to an eye doctor can help keep your eyes healthy and improve your overall health.

Get a complete eye exam

A dilated exam lets your doctor look inside your eye and check your eye health. The exam can also show early signs of conditions like diabetes or high blood pressure, even before other parts of your body are affected.
At your appointment, be sure to:

- Tell your doctor you have a UnitedHealthcare Vision plan
- Give your name and date of birth

You don't need your ID card to use your benefits. If you want an ID card, you can print it from your computer or save it to your mobile device at **myuhcvision.com.**

3 Discover more ways to save at myuhcvision.com

Everyday eyewear

Get 10% off contact lenses and free shipping on orders of $99 or more. Shop for a wide variety of eyeglasses and sunglasses, try on new frame styles using the virtual mirror, find popular lenses and coatings – some available at no additional cost – and access 24/7 customer support. Visit **uhcglasses.com** to get started.

Laser vision correction

Save up to 35% on the national average price of laser vision correction at more than 800 QualSight® LASIK locations nationwide.**

Blue-light screen protectors

Save 30% on screen protectors with blue light filtration for select digital devices, as well as add-ons, such as cases and power.

BenefitHub access

Find over 200 discounts and rewards for nutrition, memberships, electronics, restaurants, travel and more.

Hearing aids

Get preferred pricing on custom-programmed hearing aids, starting at $699 each, through UnitedHealthcare Hearing.

Network retail locations include:

1800 contacts including EXPRESS exam ***
America's Best
Costco Optical
EyeGlass World
For Eyes by GrandVision
GlassesUSA.com
LensCrafters
My Eye Dr.
pair eyewear
Sam's Club Optical
Target Optical
United Healthcare | uhcglasses.com
Visionworks SEE THE DIFFERENCE
Walmart
Warby Parker

*Not all providers at every location participate in all plans. Check with your selected provider before using your benefits to confirm in-network coverage. Network snapshot report (internal report), October 2025.
**Network location count as of October 2025.
***For virtual prescription renewal only. ExpressExam may not be available for all vision plans and is not in all states.

Learn more

Visit **myuhcvision.com** or call **1-800-638-3120,** TTY **711.**
¿Habla español? Podemos ayudar.

United Healthcare®

All trademarks are the property of their respective owners.

This policy has exclusions, limitations and terms under which the policy may be continued in force or discontinued. For costs and complete details of coverage, contact UnitedHealthcare Insurance Company.

The examples provided are for general knowledge purposes only and should not be interpreted as a preference or recommendation of any particular provider, brand or company. We encourage members to choose providers based on their individual needs and preferences.

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UnitedHealthcare Hearing is provided through UnitedHealthcare, offered to existing members of certain products underwritten or provided by UnitedHealthcare Insurance Company or its affiliates to provide specific hearing aid discounts. This is not an insurance nor managed care product, and fees or charges for services in excess of those defined in program materials are the member's responsibility. UnitedHealthcare does not endorse nor guarantee hearing aid products/services available through the hearing program. This program may not be available in all states or for all group sizes. Components subject to change.

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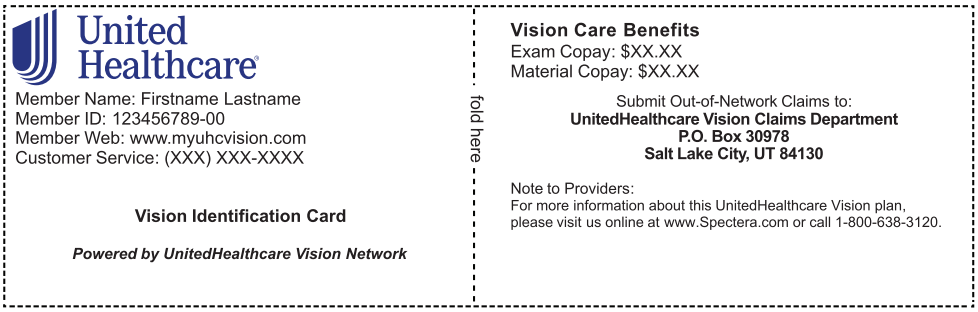
How to access your Vision ID card

Although you don't need an ID card to use your vision benefits, you can view and print or download it for easier access.

Start by choosing your coverage type

	Members enrolled in two or more plans (UMR, UnitedHealthcare medical, dental or vision)		Members enrolled in UnitedHealthcare vision only
	View via app	**View via myuhc.com®**	**View via myuhcvision.com**
1	Download and open the **UnitedHealthcare® app**.	Go to **myuhc.com** and sign in or register using your HSID.	Go to **myuhcvision.com** and log in or register using your HSID.
2	Log in or register using your HealthSafe ID® (HSID).	Click **Coverage & Benefits** > **Vision** > **View vision plan** > **Print Your ID card**. (If you don't see **Print Your ID card**, click **Select** near plan name.)	Click **Print Your ID card**. (If you don't see this option, click **Select** near plan name.)
3	Click **Member cards** and scroll down to your vision ID card.	Choose the member on the drop-down menu and click **View**.	Choose the member on the drop-down menu and click **View**.
4	**Print or download** your vision ID card.	**Print or download** the "How to use your vision care benefits" document that appears.	**Print or download** the "How to use your vision care benefits" document that appears.

Sample vision ID card*



Learn more

Visit your member website for more information about your vision benefits

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*Your vision ID card may look different. Vision ID cards vary based on the actual plan and how the card is accessed.

The UnitedHealthcare® app is available for download for iPhone® or Android®. iPhone is a registered trademark of Apple, Inc. Android is a registered trademark of Google LLC.

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COUNCIL OF SCHOOL OFFICERS

Vision Benefit Summary
Powered by UnitedHealthcare Vision Network
Customer Service and Provider Locator: (800) 638-3120
myuhcvision.com

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	Exam with Materials
Benefit Frequency	
Comprehensive Exam(s)	Once every 12 months
Eyeglass Lenses	Once every 12 months
Frames	Once every 12 months
Contact Lenses instead of Eyeglasses	Once every 12 months
In-Network Services	
Copays	
Exam(s)	$0
Eyeglasses (lenses and frame) - includes basic single vision, lined bifocal, lined trifocal or lenticular lenses	$0
Contact lenses instead of Eyeglasses	$0
Retinal Screening	$39
Frame Benefit - for frames that exceed the allowance, an additional 30% discount may be applied to the overage.[1]	
Frame Allowance	$200
Lens Options - this list highlights the discounted cost on our most popular lens options. Exact pricing may vary; confirm cost with your provider prior to purchase.	
Standard Scratch Coating	$0
Scratch Warranty	$10
Tint	$0
UV Coating	$0
Photochromic	$0
Anti-Reflective Tier I	$0
Anti-Reflective Tier II	$50
Anti-Reflective Tier III	$75
Anti-Reflective Tier IV	$95
Roll and Polish Edges	$13
Progressive Tier I	$0
Progressive Tier II	$0
Progressive Tier III	$0
Progressive Tier IV	$0
Progressive Tier V	$0
High Index (<1.66)	$53
High Index (1.66-1.73)	$63
Polycarbonate for Adults	$0
Polycarbonate for Dependent Children	$0
Contact Lens Benefit[2]	
Elective contact lenses Allowance is applied toward the purchase of contact lenses. Contact lens copay is waived.	$150
Elective contact lens fitting and evaluation Allowance is applied toward the contact lens fitting/evaluation fees.	$60
Necessary contact lenses[3]	Covered in full after copay (if applicable).

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Children's and Maternity Eye Care Benefit

Members up to age 19 and members pregnant or breastfeeding are eligible for a 2nd exam 60 days after the initial exam.These members are also eligible for a replacement frame and lenses if they have a prescription change of 0.5 diopter or more. The 2nd exam and replacement benefits are the same as the initial exam, frame and lens benefits.

Out-of-Network Reimbursements (Copays do not apply)	
Exam(s)	Up To $25.00
Frames	Up To $15.00
Single Vision Lenses	Up To $25.00
Lined Bifocal and Progressive Lenses	Up To $30.00
Lined Trifocal Lenses	Up To $70.00
Lenticular Lenses	Up To $70.00
Elective Contacts instead of Eyeglasses[2]	Up To $125.00
Contact Lens Fitting and Evaluation	Up To $0.00
Necessary Contacts instead of Eyeglasses[3]	Up To $100.00

Discounts

Laser vision
UnitedHealthcare has partnered with QualSight LASIK, the largest LASIK manager in the United States, to provide our members with access to discounted laser vision correction services. Member savings represent up to 35% off the national average price of Traditional LASIK. Contracted prices start at $945 per eye for Traditional LASIK and $1,395 per eye for Custom LASIK. Discounts are also provided on newer technologies such as Custom Bladeless (all laser) LASIK. For more information, visit myuhcvision.com.

Additional Material
At a participating in-network provider you will receive up to a 20% discount on an additional pair of eyeglasses or contact lenses. This program is available after your vision benefits have been exhausted. Please note that this discount shall not be considered insurance, and that UnitedHealthcare shall neither pay nor reimburse the provider or member for any funds owed or spent. Additional materials do not have to be purchased at the time of initial material purchase.

Contact Lens
Order extra contact lenses at uhcglasses.com for 10% off.

Hearing Aids
As a UnitedHealthcare Vision plan member, you can save on custom-programmed hearing aids when you buy them from UnitedHealthcare Hearing. To find out more go to UHCHearing.com. When placing your order use promo code MYVISION to get the special price discount.

Blue Light Protection Discount
UnitedHealthcare Vision has collaborated with industry partners to provide members with discounts off the retail price on blue-light screen filters for their devices. Members can learn more and access discount information by visiting their plan website.

[1]30% discount available at most participating in-network provider locations. May exclude certain frame manufacturers. Please verify discounts with your provider.
[2]Contact lenses are instead of eyeglass lenses and/or eyeglass frames.
[3]Necessary contact lenses are determined at the provider's discretion for certain conditions. If your provider considers your contacts necessary, you should ask your provider to contact UnitedHealthcare Vision confirming the reimbursement that UnitedHealthcare will make before you purchase such contacts.

Important to Remember:

In-Network

- Always identify yourself as a UnitedHealthcare Vision member when making your appointment. This will assist the provider in obtaining your benefit information.
- Patient lens options are subject to change.

Choice and Access of Vision Care Providers

UnitedHealthcare offers its vision program through a national network including both private practice and retail chain providers. To access the Provider Locator service or for a printed directory, visit our website myuhcvision.com or call (800) 638-3120, 24 hours a day, seven days a week. You may also view your benefits, search for a provider or print an ID card online at myuhcvision.com.
In-Network Provider - Copays and non-covered patient options are paid to provider by program participant at the time of service.
Out-of-Network Provider - Participant pays all billed charges to the provider, and UnitedHealthcare reimburses the participant for services rendered up to the maximum allowance. Copays do not apply to out-of-network benefits. Receipts for payments should be submitted within 90 days after the date of service to the following address: UnitedHealthcare Vision, Attn. Claims Department, P.O. Box 30978, Salt Lake City, UT 84130, or electronically through the online submission form on the plan website. If it was not reasonably possible to give written proof in the time required, the Company will not reduce or deny the claim for this reason. However, proof must be filed as soon as reasonably possible, but no later than 1 year after the date of service unless the Covered Person was legally incapacitated.

Customer Service is available toll-free at (800) 638-3120 from 8:00 a.m. to 11:00 p.m. Eastern Time Monday through Friday, and 9:00 a.m. to 6:30 p.m. Eastern Time on Saturday.

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Scratch Warranty	$10
Tint	$0
UV Coating	$0
Photochromic	$0
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Anti-Reflective Tier III	$75
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As a UnitedHealthcare Vision plan member, you can save on custom-programmed hearing aids when you buy them from UnitedHealthcare Hearing. To find out more go to UHCHearing.com. When placing your order use promo code MYVISION to get the special price discount.

Blue Light Protection Discount
UnitedHealthcare Vision has collaborated with industry partners to provide members with discounts off the retail price on blue-light screen filters for their devices. Members can learn more and access discount information by visiting their plan website.

[1]30% discount available at most participating in-network provider locations. May exclude certain frame manufacturers. Please verify discounts with your provider.
[2]Contact lenses are instead of eyeglass lenses and/or eyeglass frames.
[3]Necessary contact lenses are determined at the provider's discretion for certain conditions. If your provider considers your contacts necessary, you should ask your provider to contact UnitedHealthcare Vision confirming the reimbursement that UnitedHealthcare will make before you purchase such contacts.

Important to Remember:

In-Network

- Always identify yourself as a UnitedHealthcare Vision member when making your appointment. This will assist the provider in obtaining your benefit information.
- Patient lens options are subject to change.

Choice and Access of Vision Care Providers

UnitedHealthcare offers its vision program through a national network including both private practice and retail chain providers. To access the Provider Locator service or for a printed directory, visit our website myuhcvision.com or call (800) 638-3120, 24 hours a day, seven days a week. You may also view your benefits, search for a provider or print an ID card online at myuhcvision.com.
In-Network Provider - Copays and non-covered patient options are paid to provider by program participant at the time of service.
Out-of-Network Provider - Participant pays all billed charges to the provider, and UnitedHealthcare reimburses the participant for services rendered up to the maximum allowance. Copays do not apply to out-of-network benefits. Receipts for payments should be submitted within 90 days after the date of service to the following address: UnitedHealthcare Vision, Attn. Claims Department, P.O. Box 30978, Salt Lake City, UT 84130, or electronically through the online submission form on the plan website. If it was not reasonably possible to give written proof in the time required, the Company will not reduce or deny the claim for this reason. However, proof must be filed as soon as reasonably possible, but no later than 1 year after the date of service unless the Covered Person was legally incapacitated.

Customer Service is available toll-free at (800) 638-3120 from 8:00 a.m. to 11:00 p.m. Eastern Time Monday through Friday, and 9:00 a.m. to 6:30 p.m. Eastern Time on Saturday.

READ YOUR PLAN CAREFULLY - THIS BENEFIT SUMMARY PROVIDES A VERY BRIEF DESCRIPTION OF THE IMPORTANT FEATURES OF YOUR PLAN. THIS IS NOT THE INSURANCE CONTRACT. YOUR FULL RIGHTS AND BENEFITS ARE EXPRESSED IN THE ACTUAL PLAN DOCUMENTS THAT ARE AVAILABLE TO YOU UPON YOUR REQUEST TO US.

UnitedHealthcare vision coverage provided by or through UnitedHealthcare Insurance Company, located in Hartford, Connecticut, UnitedHealthcare Insurance Company of New York, located in Islandia, New York, or its affiliates. Administrative services provided by Spectera, Inc., United HealthCare Services, Inc. or their affiliates. Plans sold in Texas use policy form number VPOL.06.TX, VPOL.13.TX or VPOL.18.TX and associated COC form number VCOC.INT.06.TX, VCOC.CER.13.TX or VCOC.18.TX. Plans sold in Virginia use policy form number VPOL.06.VA, VPOL.13.VA or VPOL.18.VA and associated COC form number VCOC.INT.06.VA, VCOC.CER.13.VA or VCOC.18.VA. If you opt to receive vision care services or vision care materials that are not covered benefits under this plan, a participating vision care provider may charge you their normal fee for such services or materials. Prior to providing you with vision care services or vision care materials that are not covered benefits, the vision care provider will provide you with an estimated cost for each service or material upon your request. This cost may be higher than if you had received only covered vision services and you may incur additional out-of-pocket expenses. Eyewear materials may be ordered through our national lab network. You may receive discounts off the retail price of non-covered products and services from providers who have agreed to offer those discounts to you. These discount offers are not part of your insurance benefit and are offered at the discretion of participating providers. You are responsible for the full cost of these non-covered products and services. These discount offers are not guaranteed and may be ended at any time. Depending upon UnitedHealthcare Vision's agreement with these vendors and providers, UnitedHealthcare Vision may receive a portion of the fees paid for non-covered products and services.

UnitedHealthcare®

To print a personalized ID card, please log on to our website and select 'Group/Plan' then select 'Print ID card' from the member benefits page.

United Healthcare

Vision Benefit Card

COUNCIL OF SCHOOL OFFICERS

Copays

Exam(s)	$0.00		
Eyeglasses	$0.00	Retinal Screening	$39.00
Contacts	$0.00		

Powered by UnitedHealthcare Vision Network

United Healthcare

myuhcvision.com

Customer Service & Provider Locator: (800) 638-3120
TDD for Hearing Impaired: (877) 735-2929

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